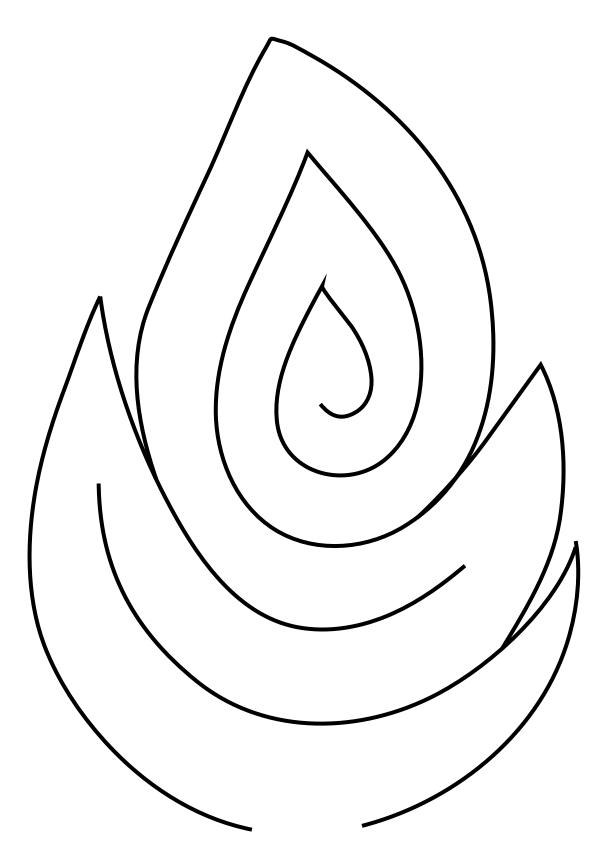
## Flame Finger Labyrinth





## **START**

As you move to the centre of the flame, think about the word: Hope. What does it bring to mind? What do you think of?

## IN THE CENTRE

Pause and listen to God. The Bible reminds us that the Holy Spirit can fill us with hope. (Romans 15:13). What do you need hope for today? Ask God to fill you up with hope.

## ON THE WAY OUT

As you trace your way back out the flame, think about someone who needs hope this week, and ask God to fill them with the Holy Spirit.